

Writing Your History

The following information is offered to assist you:

- Complete your downloaded forms and remember to sign the release form.
- You are not obliged to complete all parts of the history form if you prefer to concentrate on several areas of interest.
- Consider what future historians will look for:
 - They will be interested in the background of the young women who came, over the years, to the Royal Jubilee Hospital to train as nurses
 - They will be interested in all aspects of the training period.
 - They will want to follow the years after graduation.
- There isn't just one way to write a history. Some concentrate on the training years while others highlight the years following graduation. Stay-at-home moms relate how they used their nursing and other skills in the community.
- Career changes, even away from nursing, are important too.
- Be a part of recording the changes from 1890 to 1980. Just pause and think about it.
- Your history is filed in an acid-free folder and you may add to it at any time.
- Please include a small picture of yourself.
- Do not use staples. Add pages as required.
- If you proceeded to a nursing degree at university, the Archives would appreciate a copy of your thesis.
- Please complete your history within a reasonable period of time. We would appreciate you contacting the Archives to let us know that you are working on your history.

Mail to: The Archives
RJH School of Nursing
Alumnae Association
Box 42071 - 2200 Oak Bay Avenue
Victoria, B.C. V8R 6T4

Bring to: The Archives
Lower Level
Pemberton Chapel,
RJH
Phone: 250-370-8111
Local 3723 (voice mail)

Archive hours: September to June - every Tuesday morning 0900 – 1230
Summer hours – by appointment.

Alumnae Website: <http://www.rjhnursingalum.com>
Email address: archives@rjhnursingalum.com



RJHSN Archives/Museum

P.O. Box 42071-2200 Oak Bay Avenue

Victoria, B.C. V8R 6T4

Website: <http://www.rjhnursingalum.com>

BIOGRAPHICAL INFORMATION PROFILE

Name: _____

Country of birth: _____ Birth Surname: _____

Ethnicity: _____ Date of Graduation: _____

EDUCATION

University:

Before training

Following graduation

Additional Education:

Before training

Following graduation

EARLY HISTORY

Future historians will be interested in the background of the young women who came, over the years, to the Royal Jubilee Hospital to train as nurses.

Special people or events influence the direction of our lives and our development. These memories/experiences could involve home, family, school, church, community, sports, special skills or talents, travel, volunteer activities, illness or adversity. Please share your memories and experiences.

You chose nursing as your profession. Please comment.

STUDENT DAYS

How do you remember your student days? The archives has a diary written by a student nurse in early 1900, which provides us with a fascinating account of nursing at that time.

We want you to tell us about your era. You didn't light an oil lamp in the evening or apply a linseed poultice but there were prevalent diseases, special techniques and changes pertaining to your period of training. Were these changes in the teaching areas, or on the wards as related to medical – surgical advances, or in nursing policy and attitude, or in other areas. Discuss these changes further in relation to your student experiences.

You were a part of a group within a group for three years. You interacted with nurses, medical staff and others. You nursed many patients. You studied and applied your knowledge. We would like you to share your experiences and your feelings with us. For you, what were the highlights?

PROFESSIONAL EXPERIENCE

Were there people and/or events that shaped your professional career?

Tell us about the various aspects of nursing as you experienced it. What new breakthroughs affected your area of practice? What were the problem areas? What were the positive aspects and the changes.

Many graduates continued on to university or took post graduate courses. Some had on the job training. What reasons did you have for taking additional education? What change did this make in your work?

Write about yourself – goals, opportunity, outcome, evaluation.

CAREER CHANGES

A new career is of equal interest and should be recorded in detail.

AND.....

What other events influenced the course of your life? Marriage, children, sports, volunteer activities, travel, illness. Share pertinent events that complete your history profile.

List Membership and office held in Professional and Community Organizations.



The Royal Jubilee Hospital
School of Nursing
Archives / Museum

BIOGRAPHICAL RELEASE FORM

Name _____

Address _____

Postal Code _____ Telephone _____

Email _____

Subject to the conditions noted below, I release all rights of this information to the Alumnae Association of the Royal Jubilee Hospital School of Nursing.

Conditions:

None _____ Or _____

Signed _____

Date _____

Recorder _____

Date _____